



SOUTHFIELD HOUSE



Welcome to  
Southfield House



Decorative flourish

Welcome to

## Southfield House

Private Residential Care Home for the Elderly

Tel: 0161 440 8433  
[www.southfieldnursing.com](http://www.southfieldnursing.com)

Decorative flourish



SOUTHFIELD HOUSE  
IS A PRIVATELY-OWNED  
RESIDENTIAL CARE HOME  
IN WOODFORD, PROVIDING  
RELAXED, COMFORTABLE  
SURROUNDINGS WITH  
THE REASSURANCE OF  
PROFESSIONAL  
24 HOUR CARE.

A Residential Care Home since the late 1980's, Southfield House has been under its present ownership since July 2000. Our aim is to enable older people from our multi-cultural and socially diverse town to continue living as independently as possible by receiving care and support consistent with their capacities and abilities.

Southfield House has all single rooms, which allow our residents to lead as individual and as private a life as they choose. In addition, there are communal areas for reading, meeting and chatting, viewing television and, of course, for dining, which individuals may use as frequently or as infrequently as they desire.

We have a lovely large garden with its own south facing patio area and provide a range of activities most days throughout the year.

Most importantly, our team of professionally-trained and experienced staff is dedicated to ensuring that the health, personal and social care needs of each individual resident are met each day.

Anyone over the age of 65 years is welcome to apply for a place at Southfield House. Our current residents are aged from early 70's to over 100. We are committed to ensuring that no one is excluded on the grounds of his or her ethnicity, religion or culture and we discuss with applicants how their individual and cultural needs can be met.



## DIGNITY, PRIVACY, RESPECT AND ENJOYMENT



OUR AIMS AND OBJECTIVES ARE TO PROVIDE A CARING FAMILY ATMOSPHERE AND THE FACILITIES NECESSARY TO MAKE LIFE AS EASY, ENJOYABLE AND COMFORTABLE AS IS POSSIBLE FOR PEOPLE WHO ARE NO LONGER CAPABLE OF LEADING A FULLY INDEPENDENT LIFE.

*We try to provide a comfortable and happy home and hope that residents enjoy living here. We do everything possible to respect the rights of older people in our home, particularly by observing the values of privacy, dignity, independence, choice, civil rights and fulfilment which can be threatened by living in a communal environment and having to cope with disabilities.*



We recognise the individuality of each resident and their personal dignity is respected in every way. Encouragement is given to self-reliance and independence as far as a resident is able so that they may enjoy the same rights as they always have in their own home environment, bearing in mind, of course, the need also to respect the rights and interests of fellow residents with whom they share the home.

Residents are encouraged to choose their own lifestyle to enable them to enjoy as fulfilling a life as they desire and of which they are capable. To this end, we aim to gain knowledge of a resident's likes and dislikes as quickly as possible so that they can be respected.

## AN INDIVIDUAL PLAN OF CARE



*Should you choose to join us at Southfield House, the first month is set aside to enable you to confirm whether our house is where you'd like to make your home. We'll also use this period to get to know you and your family; identify your wants and preferred ways of living and to assess and discuss your personal care and support requirements to enable us to create an individual plan of care with which everyone involved is happy.*

The individual resident's agreed plan of care or service plan provides the basis on which Southfield House's care service is delivered. Each person's plan includes a description of their preferred daily routine, their likes and dislikes in relation to food and any specific dietary requirements and similar matters. It includes their preferences in respect to how they like to be addressed and what dignity, respect and privacy means to them in terms of daily behaviour and actions. We find that it is particularly important to find this out in relation to any intimate personal care activities that staff are expected to carry out.

The care plan also contains a risk assessment and any risk management plan needed. It includes details of health care needs, medication, details of GP and any community nursing or other therapeutic services provided or that the resident commissions for her or himself. The service plan also includes details of residents' social interests and activities and how these are met, and any arrangements to attend religious services of their choice and for contact with relatives, friends and representatives.

Each resident is allocated a member of the care staff to act as a key worker. Key workers are responsible for monitoring, reviewing and co-ordinating the service plans for of their residents. Their duties include preparing residents, and gathering information, for their reviews, which are held at least six monthly and more often if needed. Key workers are offered regular supervision by the manager, who has responsibility for chairing reviews and for communicating with outside professionals, who may also be involved with particular residents.

## HERE TO CARE



OUR TEAM OF DEDICATED CARERS IS LED BY OWNER  
AND RESIDENT MANAGER JOANNA LINGWOOD, RGN,  
RM DIP. IN MANAGEMENT STUDIES.

A trained and qualified nursing professional, Joanna was a state registered nurse and midwife for 14 years before taking over the management of Southfield House some 17 years ago and has built a team that comprises:

Deputy manager Julie Jakuba assists Joanna in the running of Southfield House, has 18 years experience, a level 4 NVQ and registered Manager Award.

Head of care Judith Hallworth has been at Southfield House for 19 years and ensures that the highest level of care is both planned and given. Judith also has a level 3 NVQ.

There are 18 senior carers and care assistants, all of whom have between level 2 and level 4 NVQ and bring a wealth of experience within the care profession to Southfield House.

All our staff are involved in continuous professional development, attending regular training courses to keep abreast of the latest advances in care practice.

We are acutely aware of the importance of familiarity and continuity in care and so we never employ 'agency' staff. All our staff work as a team, are employed directly and there are always two care staff members available through the night.

*The team is completed by:*

Chefs and catering team

A hairdresser

A podiatrist

An accommodation & facilities manager



*Owner & Resident Manager Joanna Lingwood*



*Deputy Manager Julie Jakuba*



*Head of Care Judith Hallworth*

## OUR FACILITIES



*The original Southfield House is a detached three storey former dwelling which was originally constructed in 1901.*

It was developed to care for the elderly in 1985; converted and extended in 1992 as a purpose-built care home.

During 2011, the home was extended by incorporating the neighbouring two-storey house to provide an additional seven high specification en-suite bedrooms to offer 'assisted living' accommodation.

Southfield House sits amongst a number of large detached residential properties, adjacent to Woodford Park Garden Centre and backing on to open fields.

The extended house is set in almost an acre of grounds, with a large, south-facing patio area to the rear that overlooks landscaped gardens, bordered by mature trees that both provide privacy and attract a wealth of wildlife. There are a number of seats situated within the garden, so you can wander at your leisure and there's a large lawn area which is ideal for a variety of activities, perhaps a game of boules or for visiting grandchildren to play.



## YOUR OWN PRIVATE SPACE



EACH OF OUR 16 COMFORTABLE BEDROOMS IS AN INDIVIDUAL RESIDENT'S EXCLUSIVE, PRIVATE SPACE PERSONALISED WITH THEIR OWN ITEMS OF FURNITURE, WHERE SPACE ALLOWS; PICTURES, ORNAMENTS AND OTHER ITEMS THEY HOLD DEAR.



Every room has a hand basin, TV aerial point and, although there is a pay telephone that can usually be connected in an unoccupied room for privacy, residents can have their own telephone installed should they wish.

Five rooms are en-suite and all bathrooms are state of the art, facilitating assisted bathing to the highest level or with walk-in showers.

Each room has its own key and provides a private space for visiting.

For our five upstairs rooms, there is a full five-person passenger lift.



## MAKE NEW FRIENDS, SHARE EXPERIENCES



*Although we respect each individual's privacy, we do encourage residents to mix should they so desire.*



Here you can make new friends and share your valuable life experiences with other like-minded individuals.

We have a large main lounge and a smaller lounge and these communal areas are divided into zones, e.g. quiet zone (for reading, etc), chat zone (for meeting and talking to people), listening and viewing zone (with TV and audio) to provide choice and reflect residents' interests.

The smaller lounge has recently been refurbished to include a communication room with a large screen, hearing assisted 'Skype' facility, enabling residents to both speak to and see family and friends wherever they are.

A communal television is provided in the lounge areas as is a music centre for residents' use and the use of others when leading musical activities or occasional visiting entertainers.

### *Additional services*

Laundry is carried out on the premises at no additional cost to residents.

Large print library books are provided and replenished by the visiting library service. Talking books can be arranged for residents who are visually impaired.

A hairdresser visits once a week.

A podiatrist visits every 4 weeks.

Local clergymen of differing denominations visit regularly.

Residents may wish to continue with their existing doctor, providing he or she is willing to visit the home. If this is not possible, we can arrange for you to be registered with one of the local practices in Bramhall.





## FRESHLY COOKED MEALS, SERVED TO SUIT YOU



Our spacious and tastefully decorated dining room is situated on the ground floor and provides ample space for all our residents.

Prior to joining us, we discuss specific dietary preferences, including specific likes and dislikes and any special needs such as diabetic, high calorie or low residue menus, each of which can be catered for by our chefs.

At Southfield House we pride ourselves on producing freshly cooked appetising meals. Our experienced chefs provide a balanced, interesting, varied and nutritional menu, prepared in house on a daily basis, using fresh and locally produced ingredients, whenever possible. Specific requests are met and alternatives provided.

All meal times are flexible and residents can arrange to have their meals in their own rooms or in the dining room.

Residents are encouraged to invite visitors to join them for breakfast, lunch or tea. These can be made available for a small charge, providing advanced notice is given.



AS A GUIDE, MEAL TIMES  
ARE AS FOLLOWS:

BREAKFAST:  
BETWEEN 7.00AM  
& 9.30AM.

LUNCH:  
APPROXIMATELY  
12.00PM

TEA:  
APPROXIMATELY  
5.00PM

SUPPER:  
APPROXIMATELY  
7.30PM



## KEEP DOING WHAT YOU DO OR TRY SOMETHING NEW



WE BELIEVE THAT PART OF THE PROVISION OF GOOD CARE IS TO ENSURE INDIVIDUALS ARE ASSISTED TO RETAIN A FULFILLING LIFESTYLE.



At Southfield House our residents are encouraged and supported to continue their hobbies and interests.

In addition, activities are arranged most days and these include armchair exercises; sing-a-longs; card games; quizzes; board games (i.e. scrabble; jigsaws and draughts); dominoes; skittles; boule etc. Our recently established art class is proving highly popular and great fun.

We also have occasional visits from entertainers and trips are arranged to the local theatres with day trips and afternoons out offered in the summer months.

Some of our residents like to join in regularly, while others select the activities that particularly appeal to them. We leave it up to the individual to choose.



## AN INVESTMENT IN PEACE OF MIND



ALL FEES FOR CARE AND ACCOMMODATION AT SOUTHFIELD HOUSE MUST BE MET BY PRIVATE MEANS. THEY INCLUDE ALL CARE AND ACCOMMODATION COSTS, FOOD AND DRINK, HEATING AND LIGHTING, ANY LAUNDRY CARRIED OUT ON THE PREMISES AND ANY OTHER SERVICES STAFF PROVIDE.

Our standard charges for care and accommodation in the original Southfield House are as follows:



GROUND FLOOR ROOM £605.00 p/w

GROUND FLOOR ROOM WITH EN-SUITE FACILITIES  
£655.00 p/w

SUPERIOR GROUND FLOOR ROOM WITH  
EN-SUITE WETROOM FACILITIES £705.00 p/w

FIRST FLOOR ROOM £605.00 p/w

FIRST FLOOR ROOM WITH EN-SUITE FACILITIES  
£635.00 p/w

HIGH DEPENDENCY £60.00 p/w

DEMENTIA CARE £80.00 p/w

RESPITE CARE SURCHARGE £30.00 p/w  
(MIN. 2 WEEKS, MAX. 8 WEEKS)

STAFF ESCORT £10.00 PER HOUR

A NUMBER OF SPECIALISED AIDS ARE AVAILABLE  
EG. POWER BED OR POWER CHAIR.

DEPENDANT ON AID, SMALL WEEKLY CHARGE



*Residents are expected to pay for personal items such as newspapers, tapes, books and magazines etc. and for additional services provided at Southfield House such as hairdressing and podiatry, although they are free to make their own arrangements for buying in such services.*

*The above rates took effect from 1st July 2017. Charges are reviewed each year in July, in line with standard procedures in the care sector.*

*An extra charge of £ 250 will be levied for Deprivation of Liberty Safeguards authorization, should this be required. This will be renewed annually at £ 125 p.a.*



## QUALITY OF CARE



We are committed to maintaining and improving the quality of our service. We have a comprehensive Quality Policies and Procedures Manual, which is constantly under review and revision. All significant policies are contained here including our complaints procedure. An important part of our approach to quality assurance is to obtain the views of all our stakeholders, particularly those of residents, relatives and their representatives. We do this by our regular reviews with individual residents and, on more general matters, through separate meetings with residents and relatives.

Copies of our inspection reports are available by request or to download from [www.southfieldhouse.co.uk](http://www.southfieldhouse.co.uk).



In the event of you needing further information on your rights and standards, you may wish to contact the following organisation:

Care Quality Commission  
(Regional Office) at:

CQC North West region

Citygate

Gallowgate

Newcastle upon Tyne

NE1 4PA



## APPLYING FOR A PLACE AT SOUTHFIELD HOUSE



EACH APPLICATION IS GIVEN CAREFUL CONSIDERATION BY THE HOME'S MANAGEMENT AND, DEPENDING ON VACANCIES, A DECISION TO OFFER A PLACE IS MADE WITHIN SEVEN DAYS.

People who enquire about our accommodation and services are provided with an information pack. All inquirers are made aware of our diversity and anti-discriminatory policies and are encouraged to visit us before continuing with their application.

They may then apply directly for a place at Southfield House.

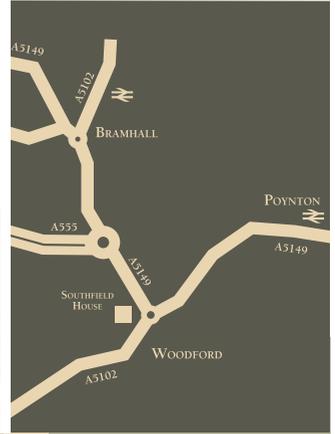
As Southfield House is a purely private care home no assessment of need is required prior to the application.

**Southfield House do not enter into pre-placement contracts with Social Services\* and therefore all residents' care must be supported from their own means.**

Each application is given careful consideration by the home's management and, depending on vacancies, a decision to offer a place is made within seven days. Where there is no current vacancy it is possible for an applicant to be placed on a waiting list.

*\*In exceptional circumstances, for residents who have resided with us for a considerable period of time who may find themselves in financial difficulty, consideration would be given to 'spot' contractual funding from the social services. For any contractual involvement with social services there will be a one-off 'set-up' fee of £250 and an annual administration fee of £150, to cover our costs.*





## VISIT US

WE'D BE DELIGHTED TO MEET YOU



If Southfield House is new to you, Joanna Lingwood and her staff will be delighted to offer further information, answer questions or arrange an informal visit.

Southfield House is situated adjacent to Woodford Park Garden Centre, where there is a convenient bus stop and the train stations at Poynton and Bramhall village are not far away. There are easy road links to Bramhall, Poynton, Wilmslow, Alderley Edge and Prestbury.



CONTACT:  
JOANNA LINGWOOD  
SOUTHFIELD HOUSE  
224 WOODFORD ROAD,  
WOODFORD.  
SK7 1QG

TELEPHONE:  
0161 440 8432

EMAIL:  
[south1@btconnect.com](mailto:south1@btconnect.com)

[www.southfieldhouse ltd.com](http://www.southfieldhouse ltd.com)



*Southfield House is owned by Southfield House Ltd, a private limited company, the registered office of which is at 'Norwood', 224 Woodford Road, Woodford, Stockport SK7 1QG. Registered no. 03986980*